

Participation Agreement Assumption of Risk and Release

Required before a private rope session is confirmed

This agreement explains the physical nature of private rope sessions, risks that cannot be eliminated, your voluntary assumption of those risks, and a release of certain legal claims. Read the entire document before signing.

Participant name _____

Provider legal name _____

Practitioner name _____

Host venue if any _____

Planned session date _____

Eligibility and voluntary participation

I confirm that I am at least eighteen years old, have legal capacity to sign, and am choosing to participate voluntarily. I may decline or discontinue participation at any time.

Nature and limits of the service

A session may include instruction, demonstration, self tie, floor based rope, decorative or restrictive rope, movement, stillness, positioning, pressure or compression, light sensory elements, partial suspension, or full suspension, but only as discussed and mutually agreed. No requested activity is guaranteed. Aeaea may modify, decline, pause, or end an activity for safety, capacity, professional boundaries, environment, or fit.

Aeaea private rope sessions are nonsexual professional services. Sexual activity is outside the service and is not permitted. Sensuality, touch, closeness, or discussion of sexuality may arise only in a professional educational or embodiment context and does not authorize sexual contact or conduct.

Physical and emotional risks

Rope is a physical activity. Even with reasonable care, communication, and suitable equipment, risks cannot be completely eliminated. They include:

- pressure marks, bruising, abrasions, rope burn, skin irritation, swelling, soreness, cramping, strains, sprains, joint injury, or aggravation of a prior condition;
- restricted circulation; compression of nerves, blood vessels, airways, or other tissue; and temporary or lasting numbness, tingling, burning, weakness, pain, or altered sensation;
- dizziness, nausea, fainting, panic, breathing difficulty, changes in blood pressure, loss of balance, falls, collisions, or impacts;
- allergic or skin reactions; unexpected movement; equipment, hardware, attachment, or suspension point failure; and delayed or incomplete communication;
- emotional discomfort, unexpected memories or responses, embarrassment, or distress; and
- in partial or full suspension, sudden loading or falls while body weight is supported by rope, equipment, or a suspension point, potentially causing serious injury, permanent disability, or death.

The risks vary with activity, position, duration, intensity, environment, equipment, health, and individual response. This list is not exhaustive.

Health capacity and communication

I will provide accurate information reasonably relevant to safe participation and report changes before the session. I will not participate while materially impaired by alcohol, nonprescribed drugs, medication effects, illness, or exhaustion. Aeaea does not provide medical diagnosis or treatment; I am responsible for seeking qualified medical advice when needed.

Consent is ongoing and activity specific. I may decline, pause, modify, or stop at any time, including after signing this agreement. I will promptly communicate unexpected pain, numbness, tingling, burning, weakness, dizziness, breathing difficulty, panic, loss of sensation or movement, or anything else that feels physically or emotionally wrong. Aeaea may stop without waiting for my request.

Voluntary assumption of risk

I knowingly and voluntarily accept the inherent and activity related risks described in this agreement, including risks that may arise despite reasonable precautions. I choose to participate understanding the nature of the activities, their limits, and the possibility of serious harm.

Release of ordinary negligence

TO THE FULLEST EXTENT PERMITTED BY PENNSYLVANIA LAW, I RELEASE AND AGREE NOT TO SUE THE PROVIDER, AEAEA, THE PRACTITIONER, AND THE SPECIFICALLY IDENTIFIED HOST VENUE, TOGETHER WITH THEIR OWNERS, EMPLOYEES, INSTRUCTORS, CONTRACTORS, AGENTS, AND EQUIPMENT OWNERS, FOR CLAIMS FOR PERSONAL INJURY, DEATH, OR PROPERTY DAMAGE ARISING FROM MY PARTICIPATION, INCLUDING CLAIMS CAUSED IN WHOLE OR IN PART BY THE ORDINARY NEGLIGENCE OF A RELEASED PARTY.

This release does not apply to gross negligence, recklessness, intentional misconduct, or liability that Pennsylvania law does not permit a person to waive.

☐ Participant initials confirming specific review of the release above: _____

Emergency response

If Aeaea reasonably believes urgent assistance is needed and I cannot direct my own care, I authorize contact with emergency services and my listed emergency contact. I am responsible for charges imposed by responders or medical providers, subject to applicable law.

Legal terms

Pennsylvania law governs this agreement. Any permitted court proceeding will be brought in the Pennsylvania county identified in the booking confirmation unless applicable law requires another forum. An unenforceable provision will be limited or severed to the minimum extent necessary. This is the entire agreement concerning assumption of risk and release.

Acknowledgment

I HAVE READ THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP IMPORTANT LEGAL RIGHTS INCLUDING CERTAIN CLAIMS BASED ON ORDINARY NEGLIGENCE, HAVE HAD THE OPPORTUNITY TO ASK QUESTIONS AND CONSULT COUNSEL, AND SIGN VOLUNTARILY.

Signature

Participant printed name _____ Date _____

Participant signature _____ Email _____

By typing or applying an electronic signature, I intend to sign this document and agree to conduct this transaction electronically. I may request a paper process instead.